

SUNDAY

- ◆ **Waimanalo Mixed Plate** **8:00AM-9:30AM**
Waimanalo Beach Park, 41-741 Kalaniana'ole Highway, Waimanalo, HI, 96795 ((On the mound area)) (O,J,T,WC,PHY)
- ◆ **Beachcombers Spiritual Progress Group** **9:30AM-10:30AM**
Kailua Beach Park, 526 Kawailoa Road, Kailua, HI, 96734 (Parking lot before the canal on the right side of the men's restroom.) (O,J,T,WC,PHY)
- ◆ **Beachcombers Spiritual Progress Group** **9:30AM-10:30AM**
, Kailua, HI, 96734 (O,D,VM)
Meeting ID: 555 962 512 Passcode: DONUTS
- ◆ **Downtown Ohana** **4:30PM-5:30PM**
Kakaako Waterfront Park, 102 Oke Street, Honolulu, HI, 96813 (Up the hill from A-G Parking Lot, Bring your own chair.) (O,J,T,WC,PHY)
- ◆ **Natural High** **6:00PM-7:00PM**
Ka'ala Park, 130 California Avenue, Wahiawa, HI, 96786 (Near the restrooms and basketball court. Google map shows the location as Ka'ala Elementary. Bring your own chair.) (O,J,T,WC,PHY)

- ◆ **Sunday Ohana Zoom** **6:00PM-7:30PM**
, Honolulu, HI, 96813 (O,D,S,VM) Last Sunday of the month is Anniversaries.
Meeting ID: 815 8080 7786 Password: NAjft
- ◆ **Kamaile NA** **7:00PM-8:30PM**
Maluhia Lutheran Church, 85-256 Farrington Highway, Waianae, HI, 96792 (please be open minded and bring your own chair) (O,D,WC,S,PHY)

- ◆ **Making a Healthy U-Turn** **7:00PM-8:00PM**
, Honolulu, HI, 96813 (O,LGBTQ,JT,VM)
Meeting ID: 469 696 9696 Password: mahu
- ◆ **Sunday Ohana** **7:30PM-9:00PM**
St Elizabeth, 720 North King Street, Honolulu, HI, 96817 (Building on the Diamond Head side of the parking lot) (O,D,WC,NS,S,PHY)

MONDAY

- ◆ **Kaneohe NA (Sunrise)** **7:00AM-8:00AM**
, Kaneohe, HI, 96744 (JT,VM)
Meeting ID: 869 6590 4690 Passcode: hammer
- ◆ **HI Nooners** **NOON-1:00PM**
, Honolulu, HI, 96815 (O,D,VM)
Meeting ID: 881 631 178 Passcode: NA808
- ◆ **Alive & Kicking** **7:00PM-8:00PM**
Waialua Community Association Cottage 2, 66-434 Kamehameha Highway, Haleiwa, HI, 96712 (Around the back side of the building) (O,LS) MEETING CLOSED 12/25/2023 & 01/01/2024

- ◆ **EZ Does It** **7:00PM-8:00PM**
Waikale Community Park, 94-870 Lumiaina Street, Waipahu, HI, 96797 (- near parking lot area - bring your own chairs - no restroom access) (O,D,WC,S) Closed on Christmas Eve and New Year's Eve
- ◆ **Monday Meditation** **7:00PM-8:00PM**
Waiiau Community Park Recreation Center, 98-1650 Kaahumanu Street, Pearl City, 96782 (Outside next to Rec Center) (O,J,T,WC,PHY) Closed on Christmas Day and New Year's Day. Bring chair to sit on.

- ◆ **Puuhonua Hemolele** **7:00PM-8:00PM**
Located at the Key Project, 47-200 Waihee Road, Kaneohe, HI, 96744 (O,D,To)

MONDAY (CONT)

- ◆ **Revelations** **7:00PM-8:30PM**
, Ewa Beach, HI, 96706 (O,D,VM) Topic is secretary's choice.
Meeting ID: 913 381 6649 Passcode: ADDICT
- ◆ **Rise Up** **7:00PM-8:00PM**
, Honolulu, HI, 96815 (WEB,LS,LD,VM)
Meeting ID: 837 2795 5818 Passcode: RiseUp
- ◆ **Hana Hou Ha'a Ha'a Monday Night** **7:30PM-8:30PM**
St Ann Church and the Roman Catholic Church of Honolulu, 46-129 Haiku Road, Kaneohe, HI, 96744 (O,J,T) Closed on Christmas Day but open on New Year's Day

- ◆ **One Promise** **7:30PM-8:45PM**
First Baptist Church of Honolulu, 1313 Pensacola Street, Honolulu, HI, 96819 (Mauka/DH corner of Pensacola Street and Kinau Street) (O,D,J,T,S,PHY) Closed on Christmas Day and New Years Day
- ◆ **Monday Literature Study** **8:00PM-9:00PM**
Emmanuel Episcopal Church, 780 Keolu Drive, Kailua, HI, 96734 (1st Floor, Wheelchair Accessible) (O,D,WC,NS,LS,S,PHY)

TUESDAY

- ◆ **Kaneohe NA (Sunrise)** **7:00AM-8:00AM**
, Kaneohe, HI, 96744 (JT,VM)
Meeting ID: 869 6590 4690 Passcode: hammer
- ◆ **Das Hau** **10:30AM-11:30AM**
Kailua Beach Park, 526 Kawailoa Road, Kailua, HI, 96734 (Pop up under the banyan tree; roadside near 2 pavilions, please bring a chair.) (O,J,T)

- ◆ **HI Nooners** **NOON-1:00PM**
, Honolulu, HI, 96815 (O,D,VM)
Meeting ID: 881 631 178 Passcode: NA808
- ◆ **Diversity Is Our Strength** **7:00PM-8:30PM**
Wellship Fellowship Church of Christ, 94-447 Apowale Street, Waipahu, HI, 96797 (O)
- ◆ **NA Kane (Men's Meeting)** **7:00PM-8:30PM**
Community of Christ, 2319 Rose Street, Honolulu, HI, 96819 (O,D,M,WC)

- ◆ **Nothing To Fear** **7:00PM-8:15PM**
Meeting is in a residence., 87-930 Farrington Highway, Waianae, HI, 96792 (O,RF,PHY)
- ◆ **Clean Cats (Womens' Meeting)** **7:30PM-8:30PM**
, Honolulu, HI, 96821 (C,JT,W,VM)
Meeting ID: 853 5887 3778 Passcode: cats808
- ◆ **Just for Today** **7:30PM-8:30PM**
, Ewa Beach, HI, 96706 (O,JT,VM)
Meeting ID: 8483 0542 946 Passcode: JFT

WEDNESDAY

- ◆ **Kaneohe NA (Sunrise)** **7:00AM-8:00AM**
, Kaneohe, HI, 96744 (JT,VM)
Meeting ID: 869 6590 4690 Passcode: hammer
- ◆ **HI Nooners** **NOON-1:00PM**
, Honolulu, HI, 96815 (O,D,VM)
Meeting ID: 881 631 178 Passcode NA808
- ◆ **Rise Up** **5:00PM-6:00PM**
, Honolulu, HI, 96815 (WEB,LS,LD,VM)
Meeting ID: 837 2795 5818 Passcode: RiseUp
- ◆ **It Works How & Why for Women** **6:30PM-8:00PM**
Christ Church Uniting, 1300 Kailua Road B3, Kailua, HI, 96734 (O,IW,W,PHY) Women's Meeting

WEDNESDAY (CONT)

- ◆ **Kamaile NA** **6:30PM-7:30PM**
Pokai Bay Beach Paark, 85-957 Bayview Street, Waianae, HI, 96792 (Jungle Gym/Play Ground) (O,To,WC,PHY)
Secretary's choice of topic
- ◆ **NA HI** **6:30PM-7:30PM**
Between Barefoot Cafe and Aquarium. If raining meet at Barefoot Cafe, 2777 Kalakaua Avenue, Honolulu, HI, 96815 (Sans Souci State Recreational Park) (O,WC,NS,ME,PHY) Bring your own chair
- ◆ **Na Wahine Nite Out** **6:30PM-7:30PM**
Kalihii Community of Christ Church, 2319 Rose Street, Honolulu, HI, 96819 (O,RF,WC)

- ◆ **Clean in Da Country** **7:00PM-8:00PM**
Sunset Beach Christian Church, 59-578 Kamehameha Highway, Haleiwa, HI, 96712 (O,LD)
- ◆ **Keawe O Kekai** **7:00PM-8:15PM**
, Waimanalo, HI, 96795 (O,D,S,VM)
Meeting ID: 8823 0204 460 Passcode KANAKS
- ◆ **Puuhonua Hemolele** **7:00PM-8:00PM**
Hauula Civic Center, 54-010 Kukuna Road, Hauula, HI, 96717 (O,D,To,WC)
- ◆ **Wednesday Nite Lite** **7:00PM-8:15PM**
Hina Mauka Waipahu, 94-830 #1 Hikimoe Street, Waipahu, HI, 96797 (Smoking allowed outside in designated area.) (O,D,NS,PHY) No wheelchair access.

THURSDAY

- ◆ **Kaneohe NA (Sunrise)** **7:00AM-8:00AM**
, Kaneohe, HI, 96744 (JT,VM)
Meeting ID: 869 6590 4690 Passcode: hammer
- ◆ **HI Nooners** **NOON-1:00PM**
, Honolulu, HI, 96815 (O,D,VM)
Meeting ID: 881 631 178 Passcode NA808
- ◆ **Kaneohe Thursday Night** **7:00PM-8:15PM**
St Ann Church and the Roman Catholic Church of Honolulu, 46-129 Haiku Road, Kaneohe, HI, 96744 (If not in main cafeteria. In classroom on the right side of cafeteria, upstairs. Please bring a chair.) (O,D,WC,NS,S,PHY)

- ◆ **Sugar Mill Recovery Waipahu** **7:00PM-8:15PM**
Waikale Community Park, 94-870 Lumiaina Street, Waipahu, HI, 96797 (By the swimming pool) (O,D,To,PHY) Secretary's choice for topic.
- ◆ **New Beginnings** **8:00PM-9:15PM**
, Honolulu, HI, 96813 (O,D,S,VM)
Meeting ID: 743 394 1369 Passcode: atsnb

FRIDAY

- ◆ **Kaneohe NA (Sunrise)** **7:00AM-8:00AM**
, Kaneohe, HI, 96744 (JT,VM)
Meeting ID: 869 6590 4690 Passcode: hammer
- ◆ **HI Nooners** **NOON-1:00PM**
, Honolulu, HI, 96815 (O,D,VM)
Meeting ID: 881 631 178 Passcode NA808
- ◆ **Rise Up** **5:00PM-6:00PM**
, Honolulu, HI, 96815 (WEB,LS,LD,VM)
Meeting ID: 837 2795 5818 Passcode: RiseUp
- ◆ **Puuhonua Hemolele** **7:00PM-8:00PM**
Hauula Civic Center, 54-010 Kukuna Road, Hauula, HI, 96717 (O,D,To,WC)
- ◆ **Straight Into Action** **7:00PM-8:30PM**
Pokai Bay Beach Park, 85-957 Bayview Drive, Waianae, HI, 96792 (By playground, if raining, under pavilion. Bring your own chair.) (O,D,WC,S)

FRIDAY (CONT)

- ◆ **Living Clean 4 Ewa** **7:30PM-9:00PM**
Saint Timothy's Episcopal Church, 98-939 Moanalua Road, Aiea, HI, 96701 (O,WC,NS,WC,LC,LS,PHY)
- ◆ **On Fire for Recovery** **7:30PM-9:00PM**
Ala Moana Beach Park, 1201 Ala Moana Boulevard, Honolulu, HI, 96814 (Next to tennis court's by first concession stand. Look for the fire pit. Bring own chair and umbrella if raining.) (O,RF,WC,CW)
- ◆ **Start To Live** **7:30PM-9:00PM**
Church of the Cross Roads, 1212 University Avenue, Honolulu, HI, 96822 (Large Meeting Room on the South Side) (O,D,WC,NS,LS,L,PHY)
- ◆ **Friday Night By The Castle** **8:00PM-9:15PM**
Christ Church Uniting, 1300 Kailua Road, Kailua, HI, 96734 (.Social distancing. Masks optional. No wheelchair access.) (O,IW,PHY)
- ◆ **NA Hawaii Friday Night** **8:00PM-9:15PM**
, Kailua, HI, 96734 (O,LD,VM)
Meetings ID: 743 394 1369 Passcode atsnb
- ◆ **Wave of Recovery** **8:00PM-9:00PM**
Mililani Presbyterian Church, 95-410 Kuaahelani Avenue, Mililani, HI, 96789 ((Please bring a chair to seat on.)) (O,D,WC,NS,LS,S,PHY)

SATURDAY

- ◆ **Waimanalo Mixed Plate** **8:00AM-9:30AM**
Waimanalo Beach Park, 41-741 Kalaniana'ole Highway, Waimanalo, HI, 96795 ((On the mound area) Please Bring Own Chair.) (O,J,T,WC,PHY) When raining meeting is at 41-415 Hihimanu St. Waimanalo, HI 96795
- ◆ **Saturday Manoa Zoom Group** **9:00AM-10:00AM**
, Honolulu, HI, 96822 (O,JT,VM)
Meeting ID: 5257748921 Password: stayclean
- ◆ **Vision of Hope** **10:00AM-11:00AM**
Geiger Community Park, Ewa Beach, HI, 96706 (Corner of Geiger Road and Kapolei Parkway, under the trees.) (O,D,JT,PHY)
- ◆ **How & Why** **NOON-1:00PM**
Under the tree next to the tennis courts. Same location as Vision of Hope., 91-1129 Kahiuka Street, Ewa Beach, HI, 96706 (Bring your own chair & umbrella in case of rain.) (O,IW,WC)
- ◆ **Rise Up** **1:00PM-2:00PM**
, Honolulu, HI, 96815 (WEB,LS,LD,VM)
Meeting ID: 837 2795 5818 Passcode: RiseUp
- ◆ **All In NA** **7:00PM-8:30PM**
Joy of Christ Lutheran Church, 784 Kamehameha Highway, Pearl City, HI, 96782 ((Entrance to church parking is on Puu Kala Street, Opposite 780 Puu Kala Street)) (O,S,PHY,SP,SPAD) 1st, 3rd, 5th week - Interview with an Addict. 2nd, 4th week - Spiritual Principal a Day (SPAD)/Open Discussion.
- ◆ **Hawaii Young People of NA** **8:00PM-9:30PM**
, Honolulu, HI, 96813 (O,JT,YP,VM)
Meeting ID: 743 394 1369, Passcode atsnb
- ◆ **Saturday Night Honolulu Group** **8:00PM-9:30PM**
Von Holt Room, 229 Queen Emma Square, Honolulu, HI, 96813 (Diamond Head side of the campus next to Washington Place.) (O,D,WC,NS,S,PHY) Meeting in Avon Von Holt room til further notice.

Schedule Legend

C	Closed	D	Discussion
LGBTQ	LGBTQ	IW	It Works -How and Why
JT	Just for Today	M	Men
O	Open	RF	Rotating Format

To	Topic	W	Women
WC	Wheelchair	YP	Young People
NS	No Smoking	ME	Meditation
CW	Children Welcome	WEB	Online Meeting
LC	Living Clean	LS	Literature Study
L	Literature Available	LD	Literature Discussion
S	Speaker	VM	Virtual Meeting
PHY	Physical Meeting	SP	Spiritual Principles
SPAD	A Spiritual Principle a Day		

How Can I Help? Here's How!

Hospitals & Institutions (H&I)

The purpose of the H&I Subcommittee is to carry the NA message to addicts who do not have access to regular NA meetings. H&I meetings are held regularly at prison facilities, hospitals, and treatment centers. To volunteer for H&I service, please contact an H&I member or call the helpline.

Public Relations (PR)

The purpose of the Public Relations Subcommittee is to carry the NA message to the addict through the public media. To volunteer for Public Relations service or to refer a public inquiry, please call the Helpline at (808) 734-4357. To request information in writing, send your request to the mailing address listed on this schedule.

Phoneline

The purpose of the Phoneline Subcommittee is to connect the addict that still suffers with the NA program, provide meeting information, and be a communication point for NA on Oahu. To volunteer your time for the Phoneline Subcommittee, please leave a message on the Helpline at (808) 734-4357.

Oahu Area Service Committee

The Oahu Area Service Committee (OASC) in person at 2319 Rose Street, Honolulu (Community of Christ Church, Kalihi), the 2nd Sunday of the month, 1:00PM to 4:00PM. This meeting is for NA members only and is closed to the public. For information on attending please contact your Group Service Representative (GSR).

Meeting Schedule Changes

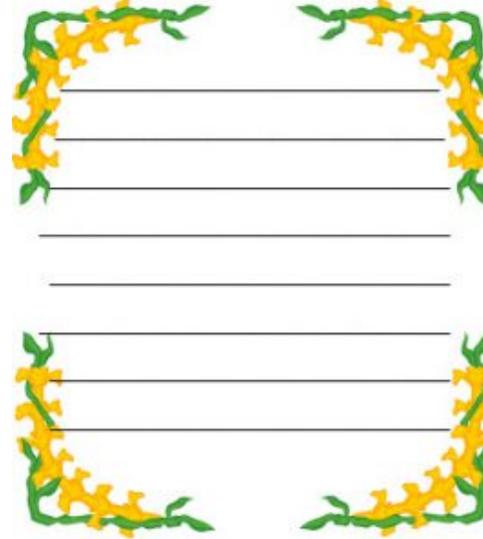
If you have meeting schedule changes that you want made on the Helpline meeting schedule, please leave a message on the Helpline at (808) 734-4357. New meetings must register with the Oahu Area Service Committee and will not be placed on this schedule until approved by the Oahu Area Service Committee.

Literature Sales

For information on the availability of literature, please call the Helpline at (808) 734-4357 or you may order literature from the NA World Services website at www.na.org.

Send all **written correspondence** to the address below:

Oahu Area Service Committee
P.O. Box 23013
Honolulu, HI 96830



Meeting Lists for the State of Hawaii

You can see our listing of virtually and physical NA meetings for the State of Hawaii on our na-hawaii.org website:

<https://na-hawaii.org/list-of-virtual-meetings-in-hawaii/>

<https://na-hawaii.org/meeting-schedules/face-to-face-na-meetings/>

We are posting these virtual and face-to-face meetings on our printed schedule for the newcomer. It is still best to check the website for any meeting for verification.



**Narcotics
Anonymous**



MAY 2026
Web Edition

Oahu Helpline
(808) 734-4357

Big Island (East - Hilo): (833) 624-7463
Big Island (West - Kona): (808) 450-2883
Maui: (808) 214-1239
Kauai: (808) 828-1674

Visit our website! www.na-hawaii.org to
get meeting schedules for all the
Hawaiian islands, info on conventions,
gatherings and more!!!

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