

ASIA PACIFIC FORUM NEWS

Afghanistan - Aotearoa New Zealand - Australia - Bahrain - Bangladesh - Bhutan
Cambodia - China - Hawai'i - Hong Kong - India - Indonesia - Iran - Japan - Kuwait
Malaysia - Maldives - Nepal - NERF - Oman - Pakistan North - Pakistan South
Philippines - Saudi Arabia - Singapore - South Korea - Thailand - UAE - Viet Nam

A NETWORK OF NA COMMUNITIES

www.apfna.org

Issue # 49 - September 2018

A Note from the Editor

Greetings and Welcome to our 49th Edition of the APF News. It's quarterly report time! For your convenience are some summarized reports of our very active workgroups or you may refer to our Website for a full version. Welcome to Deb F, in her new role, enjoy Muks' column and look who's celebrating clean time. Wanna travel? Recovery Events may interest you. See you along the road...

Phyllis S, APF News~Editor (Hawai'i)

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Mukam H

Upcoming Events

Clean Dates

September ~ December

*If there is anything you wish to add,
perhaps a clean date or story you would
like to tell, contact us:*

For those interested in our APF Convention:

We are pleased to inform you that the 2019 Asia Pacific Forum Convention will be held at the Puri Saron Hotel, Seminyak, Bali Indonesia, from Friday the 22nd to Sunday the 24th of February.

In regard to accommodations, we are preparing the list of nearby hotels with details. As soon as that is complete, we will update that information in our Website.

Please login to our website (apfna.org) for further information.

In Service

Reza A (APF Secretary)

newsletter@apfna.org

Deb's Story

Kia ora, my name is Deb and I'm an addict from Aotearoa New Zealand. I currently serve as the RD for my region and was recently elected by APF to serve on the Future of the WSC Workgroup.

Workgroup members are usually selected by the World Board. This workgroup is the first time Zones have selected a member to serve. The fact that we could select a workgroup member demonstrates how effective the APF is at developing processes for decision making between meetings. Even though we cover a huge geographic areas and do speak many languages we can work together to meet challenging time frames in order to arrive at an outcome. So, I'd like to thank everyone involved in this process and to thank you for selecting me for this role. I am very excited to be involved in this project.

A little bit about me. I got clean on the 25th June 1990 and am a very grateful addict. I was sick and tired of being sick and tired, but didn't know how to change what I was doing until I heard two guys talking who were just like me yet had four months clean. The seed was planted; if they could get clean, then so could I. I was so filled with fear and hopelessness that it was a continual lesson of holding on to what seemed impossible.

I knew in my heart of hearts that I needed to let go and trust. So I just kept coming back and bit by bit I've been restored in health, sanity and integrity. I got involved in service when I was about 2 months clean. Service has been a huge part of my recovery. I love to learn and contribute. I have served at group, area and region & first attended the World Service Conference (WSC) in 2004 as a Regional Delegate. I was amazed at what this incredible fellowship can achieve and also confused by some of the processes that were in place.



Returning to the WSC in 2016 as an Alternate Delegate was an enlightening experience: one, I'd stayed clean all that time, which was a miracle in itself; and two, I could participate at a whole new level because of the experience, strength and hope I'd gained in recovery, I had more I could offer.

Being involved in APF has also been inspiring. Being part of the Motion 11 workgroup and preparing Motions 16, 18 – 21 for the 2018 WSC was a unique experience in true NA collaboration, reinforcing that together we can. I was so proud of what we achieved as a Zone and how the voice of unrepresented communities & regions across the world, where possible, are now going to be present at the next conference.

So thank you to everyone in NA. Without you I wouldn't have just celebrated 28 years clean in June. I feel truly blessed, I have a wonderful sponsor, I got married this year to a man I love & adore, I have a career and job I love and I wouldn't have any of this if I didn't attend meetings regularly. Thank you NA, you truly have saved this hopeless addict's life.

Deb F - RD (Aotearoa) / APF Future of the WSC Rep

Open Request to Fellowship (RDs & ADs included)

Aloha to all Members:

Listed below are prioritized adapted strategies shared from our past conference as a result of the Strategic Planning session.

Our newsletter is a communication tool and has a specific format. In order to add additional items/material and in fact, if this is what you want, **we need your help**. Use of other languages are highly encouraged as long as we have correct translations. Jokes, recovery related fun, perhaps cartoons, sound interesting to you? Cartoons are a universal language. Graphics and designs we *always* welcome them. Do you want to see the events listed from your Region? Feeling left out? Submit them.

In APF, 30 seated countries/regions/areas are represented. Each one may or may not have a current Delegate, but no matter. Wanna see more from your area? OK, I would like to propose a challenge to each community; if only 25% of our forum submits an article, that would cover us for the year, imagine what 50% would do? One doesn't have to be a newsletter committee member to contribute. If you feel your language isn't up to speed we can edit.

So, Let us hear back from you along with submissions. Send them in to:
newsletter@apfna.org

Newly adapted Strategies for 2018-19

High Priority:

1. Use other languages on the Newsletter for personal stories on rotation basis
2. Create a page on the APF Newsletter on recovery related fun (joke, humour, etc.)

Secondary Priority:

3. Encourage communities to add a link to the APF newsletter on their website
4. Redesign the newsletter with inclusion of creative and attractive contexts (pictures, graphics, symbol, etc.)

Low Priority:

5. Make a list of topics for inviting articles in the newsletter
6. Providing hard copies to member communities, those who have restriction over use of internet
7. Develop a tool for better communication with the Newsletter Editor as well as communities

Yours in service,

Phyllis S-Editor (Hawai'i)

On Behalf of the APFNews Team

Workgroup Reports

Communications

Greetings from your Communication Workgroup.

The workgroup includes members from Aotearoa NZ, Australia, Bangladesh, China, Iran, Hawai'i and UAE. In this cycle two hangout meetings took place.

At the beginning of this cycle we initially addressed and discussed the strategies assigned by the delegates in the APF Strategic Plan created at the APF 2018 meeting.

We continue to have Inter Zonal Meetings like last cycle. The last Inter Zonal online meeting was held on July 14, 2018. Four Zonal Forums (EDM, APF, AfriCan & LAZF) participated. We agreed to continue this meeting in future.



According to the desire of the delegates we undertook a feasibility analysis of having a virtual meeting during the year. A document has been drafted with time zone issues, time zones comparisons, possible day of the week, possible technology platforms and tentative agendas. This report will include others experience who have recently participated in online meetings such as WSC 2018. A detailed report with the analysis will be distributed among all once complete.

A document containing information/instruction pamphlet for using Google G-Suite will soon be distributed through email and also will be published on the website for the ease of both trusted servants and the delegates. We also continue to send all reports on PDF format.

We also discussed and assessed about the strategy of creating alternate platform of communication such as using messenger (Facebook messenger or Whatsapp) for easy communication and follow-up: Facebook messenger and Whatsapp are the tools often preferred by some delegates over email. We addressed the pros and cons of using this type of communication medium and concluded that whatsapp would be the better option as a trial as it doesn't have the barrier of "being facebook" and is already widely used. A general email

will be sent soon to all, requesting the phone numbers of those who wish to participate in a trial. We are likely to need some simple guidelines to avoid downsides.

As our long term goal is ***To encourage, maintain and support communication among NA members, Communities and Regions within this part of the world***, we would really appreciate any ideas, suggestions, feedback from you all to achieve our goals. Feel free to send us email in apf-comms@apfna.org with your ideas.

Yours in service,

Reza A, APF Sec (Bangladesh)

On Behalf of The Communications Workgroup

FD ~ Women's



Hello to everyone within our APF Community.

The Asia Pacific Forum Women's Fellowship Development Workgroup has recently developed a process for linking women across our Zone who may need a sponsor with women who have offered to be sponsors. This Sponsorship initiative was launched earlier this year at the APF in Bangkok by the Women's Fellowship Development Workgroup.

To begin with we are seeking interest from any women identified NA members who are willing to be

included on a list of potential sponsors. If you are a member and available please complete this online Sponsor Template form:

[Sponsor Template Form](#)

Once we have a list of potential sponsors we will get information out to women across our APF Zone who are needing/seeking a sponsor. At the moment we are asking for your help to get this information out to your NA Communities your Regions, Areas, Groups and individual members.

Yours in Loving Service

Jacqui P & Sue K (Australia)

Women's Sponsorship Coordinators

On behalf of the Women's Fellowship Development Workgroup

Merchandise

APF Merchandise Work Group has been meeting once monthly over Google Hangouts for our meetings and have completed 3 Work Group meetings this 1st quarter of our 2018-2019 yearly cycle. We are comprised of 16 members representing 11 APF communities (Afghanistan, Aotearoa NZ, Australia, Bangladesh, Hong Kong, Indonesia, Iran, Kuwait, Nepal, NERF, Pakistan).

So far, we have been working on prioritising our WG strategies as laid out in the APF meeting 2018 in Bangkok. We have also had several successful fundraising events from Merchandise sales!

Many thanks to Deb in NZ (180 USD raised) Elliot in Au (498 USD raised) and a huge group effort (Elliot, Larry R., Rocky, Tim S., Hammed, & Carrie) at the World Service Conference in California in April 2018 (raised 2,070 USD).

Other big news: we have now launched the Online store on our APFNA website and already received our first merchandise transaction. It Works!

Our WG is now beginning to plan for APF Delegates Meeting in February 2019, and the APFCNA2 in Indonesia.



We welcome all APF members to join our workgroup and you can indicate your interest to be of service and join to merchandise@apfna.org

Yours in loving service,

Carrie L, Merchandise Chair (HK)

Money Matters Work Group 1st Quarterly Report 2018

Group Basics Total Work Group members: 16
 Total communities represented: 10
 Total numbers of Work Group meeting during the trimester: 2

Key Updates from Meetings

- Options and possibilities to move/organize new bank account in another feasible country was discussed and alternatives and implications are still under discussion.
- Sharing and discussing Financial updates
- Sharing and discussing updates on APF-2019/APFCNA planning progress (Local fellowship coordination, hotel selection and contract signing)
- Paypal was set up through the support of Admin members and ready to use.



Progress update: Work Group Responsibilities and Priority Strategies

SN	Responsibilities	Key Priorities	Status Update/Progress
1	Financial	<ul style="list-style-type: none"> - Empower communities to generate more funds, include these in FD trips - Hold a fundraising event such as an entertainment night to raise funds during the APF Meeting 	<ul style="list-style-type: none"> - APF communities are making regular contributions and merchandise is generating additional support.
2	Convention	<ul style="list-style-type: none"> - Ensure there are FD activities in every APF convention 	<ul style="list-style-type: none"> - This will be discussed further and incorporated in program.

Financial Status

- Total Available fund: 27,012.20
- Total Prudent reserve: 3,080.20
- Total forecasted Expenditure APF 2019: 40,950.00
- Total deficit as of now: (13,937.80)

Ø Considering the budget forecast, we still have deficit of USD 13,937.80 and APF communities are sincerely encouraged to prepare the funding plan for APF 2019 so that we all together can address this potential deficit.

With Love and Gratitude,

Sushil P- APF Treasurer (Nepal)

On behalf of Money Matters Work Group

Strategic Planning



After APF conference at Bangkok in 2018, we conducted three successful meetings where a range of indispensable issues have been discussed. We meet on a scheduled monthly basis. We have elected Hasib Y as the new SP Point person. Prior to that he was SP Secretary. Our SP Secretary post is vacant. Presently, SP Team consists of more than 10 members from 8 different communities of APF (Aotearoa NZ, Australia, Bangladesh, Bhutan, Iran, India, Kuwait, Nepal, Philippines and UAE).

Review and follow up is one of the vital jobs for SP. Our members are attending other workgroups and contributing suggestions

and guideline as per strategies taken from APF delegates. For the first time, we have created a comprehensive Inventory report of APF Workgroups. It was under high demand of APF delegates in last conference at Thailand. In addition, we have distributed a separate inventory sheet to each workgroup, which we believe to be helpful for staying on track as well as developing Environmental Scanning. This strategy requires the involvement of the total APF community and also requires a process to implement. We have developed a questionnaire in google docs for collecting the information about each community's current trends. It is already kept in Google Drive. Within our next cycle we hope to be able to execute the full process and it will lead us come up with a picture at our upcoming APF meeting at Bali.

We have sent an email to delegates asking for SP Secretary. Till this day, the position is still vacant. SP is a place from where a member will have the chance to contribute his/her best.

Yours in service,

Hasib Y- SP Point Person (Dhaka, Bangladesh)

On Behalf of Strategic Planning Workgroup

Web Report

Hi everyone, we have had some cool developments for our online website and other services. It's now possible to contribute 7th tradition on the website; in time we may alter this, but for now its up and working. Carrie and the merchandise sub-committee have got the online store up and running; check it out !



We have also started the process of moving our email lists to Google Groups - just now the admin committee are testing - hopefully this goes smoothly and we will roll this out to more of our groups. At this point we have 14 separate email lists that are used for workgroups.

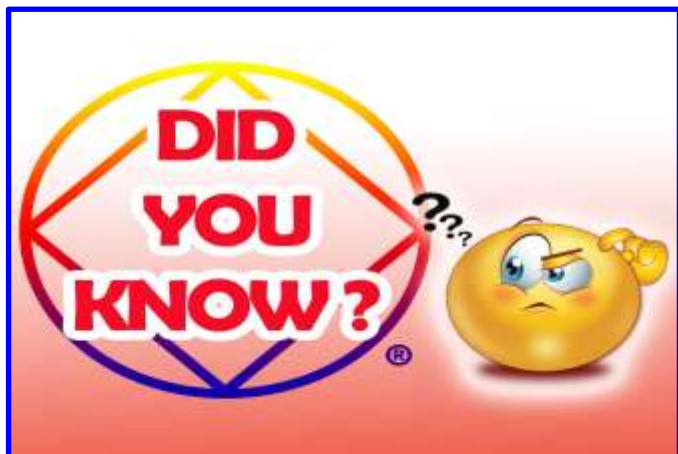
We have also been supporting the convention and we will be gearing up to sell registrations online for this years APF Convention so if you go to the convention page (<https://www.apfna.org/convention>) you can leave us your email address and we will send you a note when the registrations go online. The Convention Committee will be adding new info to the convention pages in the near future I believe.

Thanks to you all for your support

Yours in service

Mark - Web Servant (Aotearoa NZ)

? Did You Know ?



Did you know I was not able to attend the APF in Thailand this year? If you were there, you know I was not.

Reading reports cannot substitute for face-to-face experience. But, reading reports can provide perspectives that might not be quite so obvious to everyone in attendance.

I decided to read the Community Report Forms hoping to discover interesting material for the 49th issue of the APF Newsletter.

What did I learn?

You all know Iran is the largest NA community in the APF. With approximately 400,000 addicts participating in recovery, Iran could be the largest national community in NA. It is undoubtedly the largest Region in NA.

You may know that Vietnam is the smallest NA community in the APF with fewer than 25 recovering addicts and 3 groups. Hong Kong, China, Singapore and Pakistan are all similar in size with 60-80 recovering addicts in each.

While their service systems differ greatly, Singapore stands out as unique as it has a single group that serves its 10 meetings and as its Area and Region.

Interaction with governments raised some interesting observations. You all know how government policies in the Philippines affected that fellowship. But maybe you did not notice that Indonesia, Bangladesh and Vietnam all mentioned how the lack of official governmental recognition - sometimes referred to as legalization or registration--inhibits growth in their NA Communities. Similarly, Oman reported how their government had not yet been persuaded to grant them prison access.

You all know that translations work is essential in many APF communities. Just look at the complexity of the language requirements in NERF.

You all know that in some APF communities providing recovery opportunities to women is a challenge. But, did you notice that in a number of APF communities like Kuwait, the Philippines, Indonesia, for example the need for more traditions, service structure/system information was mentioned as a high priority?

It makes sense, right? To work together we must come together. We must be able to trust and communicate with each other. We must find our commonality, respect our differences, applaud our successes and cooperate to grow through our challenges. This is such an APF thing, don't you think?

Mak H-USA

Clean Time Dates

September

01 September 2002	Pankaj G	Nepal - AD
01 September 2002	David T	Australia - AD
10 September 2012	Ahmad J	Pakistan (North Region)
12 September 2003	Dondee N	Luzon Area - Philippines
22 September 2013	Zaiman S	Singapore
26 September 2007	Mohit A	Bangladesh

October

01 October 1985	Uschi M	USA
15 October 1983	MaryEllen P	USA

November

07 November 1992	Linda O`	Hawai`i
11 November 1987	Kimberly Y	USA



December

02 December 2007	David R	China
16 December 2011	Carrie L	Hong Kong
17 December 1968	Tom Mc	Hawai`i
18 December 1975	Larry R	Hawai`i
19 December 2013	Ishtiaq A	Pakistan (South)
23 December 1997	Benedict R	India
26 December 1985	Tali Mc	Hawai`i
26 December 2011	Sanjeev	India

January

04 January 2004	Amitabh S	India
06 January 1998	Rajinder P	India
07 January 2004	Sumeet D	Nepal
13 January 1999	Mahmoud Ch	Iran
22 January 1993	Roger S	Aotearoa NZ
31 January 2011	Ali R	Pakistan (South) RD

Upcoming Events

Aotearoa NZ

NA

'IN ALL OUR AFFAIRS'
REGIONAL CONVENTION
NARCOTICS ANONYMOUS AOTEAROA NEW ZEALAND

REGISTER NOW
www.inallouraffairs.nz

19 - 21 OCTOBER 2018
WAITANGI, BAY OF ISLANDS

19 - 21 October 2018

Labour Weekend

Waitangi, Bay of Islands

REGISTER NOW

<https://www.inallouraffairs.nz>

Hawai'i



October 25-28, 2018

[HRCNA XXVI Registration Flyer](#)

You may also register online with you credit or debit card!

<https://form.jotform.com/bullit1987/hrcna-26-registration>

Any questions or requests please contact the host committee @ hrcna2018@gmail.com.

Sorry, rooms at the alternate hotel are sold out!

Iran

منتظر دیدار شما هستیم

November 2018

Getting Clean, Staying Clean And Living Clean
24th Anniversary Of NA Group In Iran
November 2018

24th Anniversary Of NA Group In Iran

پاک شدن
پاک ماندن
پاک زیستن

Getting Clean, Staying Clean,
And Living Clean

۲ آذر ۱۳۹۷
تهران، عوارضی تهران-قم، نمایشگاه شهر آفتاب

All are invited 24th Anniversary of NA groups in Iran

23 Nov 2018

Shahr e Aftab Tehran

Nepal



NEPAL REGIONAL CONVENTION OF NA-VI

Registration : NRs. 4200 [Program & Food] Convention Chair : +977-9808074186
E-mail: nrecna6@gmail.com Information Chair : +977-9817441200
Venue : Hotel PAUWA, Bhairahawa, Nepal Registration Chair : +977-9814415701

A/c No. 00527800602874000001 | A/c Name: Dilman Thapa, Bhuvan Shrestha | Bank: NMB Bank, Butwal | Swift Code: NMBBNPKA

Indonesia



<https://www.apfna.org/convention>

<https://m.facebook.com/groups/546201175835477>

The Conference is Coming!



<https://www.apfna.org/apf-2019>



Sugam, Celebrating 7 years Clean