

Mana Kane N.A. Men's Retreat

Our Lady of Kea'au Retreat Center
83-300 Farrington Hwy. on Kea'au Homesteads Road.
Waianae, HI 96792

Name: _____

Phone No.: _____

Email: _____

Special Needs: _____

Cost: \$100 per person. Late Registration from January 31st -February 15th, 2023.
Cost: \$120. Includes meals and T-shirt. **Please bring your own camping equipment.** Day Pass Cost: \$40.00. Includes meals. (No T-Shirt) See below to purchase T-Shirt. **Friday night POTLUCK. Please bring a dish to share.**

Cabins will be first-come, first-served. Cost: \$140 per person. Includes meals and t-shirt. **Please bring your own Bedding.**

T-shirt: (circle size) S M L XL XXL XXXL XXXXL XXXXXL
Purchase extra T-shirts: \$25, XXL and larger: \$30

Size(s): _____ Quantity: _____ Total: \$ _____

Registration: \$ _____ Cabin: \$ _____ Helping Hands: \$ _____

Total Amount Enclosed: \$ _____

Please mail registration form with a personal check, money order, cashier's check. Do not mail cash.
Make payments out to: Lance Wong

Scan QR Code for Programming details



Mail Registration to:
MANA KANE
c/o Chris Heglund
182 Kaliko Dr.
Wahiawa, Hi, 96786

Mana Kane

“Spiritual Power of Man”

The Mana Kane Men's Retreat will provide you with the opportunity to step away from the noise and distraction, away from “Life on Life's Terms” to a quiet place surrounded by nature and to encounter as well as to engage with your spiritual self. This retreat will help you calm your mind, nourish your soul, and allow you to regain your Peace & Serenity, rekindle old friendships & meet new Kane in Recovery. At Mana Kane, you can experience a complete renewal of your Recovery!



Living Local

More information

1. No alcohol, no pets, no smoking on property.
2. You are responsible for bringing your own camping equipment. (Tent, flashlight, blanket, etc.) Cabins: (Pillows, sheets & blankets.)
3. All meals will be provided. Drinking water will be available. You can bring your own snacks and drinks.
4. Keep facilities clean. We are responsible for leaving the facility in the same condition or better than we found it.
5. Bring swimming gear for pool/beach use.
6. If you are leaving the camp, please let someone know. If you are going to the pool or beach, take someone else with you.

Directions from Honolulu International Airport to Campsite

Your final destination is 83-300 Farrington Highway.
Distance is approximately 33 miles and will take about 45 minutes to 1 hour depending on traffic.

1. Take H-1 WEST from the airport.
2. Continue on H-1 WEST through Aiea, Pearl City, Waipahu, and Kapolei.
3. H-1 ends just before Aulani Disney Resort.
4. Continue on Farrington Hwy. through Nanakuli, Maili, and Waianae until you reach Makaha.
5. Turn right at Kea'au Homesteads Road.



NA Men's Retreat March 15, 16, & 17, 2024 Our Lady of Kea'au

For more information call:

Chris H. Mana Kane Men's Retreat Chair (808) 934-7218

Colby T. Vice-Chair (310) 775-1895

Curtis T. Registration Chair (808) 753-5720